**Nicaragua Yoga/Art/Nature Retreat**

*with Jill Lacher and Bevie LaBrie*

**Participant Information Form**

Please read carefully the terms and conditions of this Participant Information form. In completing and submitting this form, you agree to these conditions, which constitute the agreement between ArtfulSoulScapes, LLC, Bevie LaBrie and Jill Lacher, YogaBirdie Instructors and you.

**Registration Information**

Please complete one Participant Information Form per person and send by e-mail (scanned, or completed attachment) to jilllacher@gmail.com and/or blabrie@artfulsoulscapes.org. Full payment is due no less than 60 days prior to the first day of the retreat, September 17, 2016. Payment can be made with a credit card on the website, [www.artfulsoulscapes.org](http://www.artfulsoulscapes.org) under Services/Yoga, Art, Nature Retreat using PayPal. You can also pay using a credit card on [www.eventbrite.com](http://www.eventbrite.com) under, Search, “Renew, Explore, Create, Connect: A Yoga, Art, Nature retreat in Nicaragua”/Get Tickets. You can also submit cash or a check directly to Bevie LaBrie (checks made payable to ArtfulSoulscapes) or Jill Lacher (checks made payable to YogaBirdie).

Retreat dates: February 17-24th, 2017

Retreat name: Nicaragua Yoga/Art/Nature Retreat

**Personal Information**

First name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Last name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Birthdate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ male / female (circle)

Mailing address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address line 2\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

State/Province \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Zip/postal code \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Country \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cell number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Passport number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ exp \_\_\_\_\_\_\_\_

T-shirt size\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*\*\*When completed, you will be asked to please scan or copy the front page of your passport and flight itinerary and include it with your completed and signed forms.*

**Travel Information and Emergency Contact:**

If you are traveling with someone else please list name/s:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Due to a small number of rooms available at Equilibrio Eco-Lodge, it is respectfully recommended that we share space with others. Sleeping arrangements are 2-4 people per/casita. Although we do not guarantee room preferences, we will do our best to accommodate your needs! Please indicate names of people that you would like to room with during your time in Nicaragua: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Please denote your Emergency Contact name and number(s), in case of emergency (someone who will not be on the trip)

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Relation to you \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Street Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City, and State/Province \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Zip/postal code \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Health and Diet Information**

Do you have any medical conditions (asthma, pre-existing heart condition, etc.) or are you taking medications that we should know about?

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Do you have any acute/chronic physical limitations or injuries that we should be aware of for the yoga sessions or adventure activities (back conditions, knee/shoulder problems, recent surgery, etc.)

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Do you have dietary needs/restrictions, allergies or critical-to-health preferences? Please specify.

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**Personal Experience Information**

How much yoga experience do you have? Do you practice regularly? If so, about how often?

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How much meditation experience do you have? Do you practice regularly? If so, about how often?

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Tell us about your creative self! What are you hoping for from the art experiences on this retreat?

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Have you traveled to any 3rd world countries before? If so, which one(s)? Are you concerned about anything in particular for this trip?

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Please share a time (if any) while working in “Service.” Are you comfortable including”Service”on our Nicaragua retreat?

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**Personal Intention**

What is the primary reason for wanting to come on this retreat, at this time in your life?

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